

Barren Heights Newsletter

Spring 2014
Volume 8 Issue 2

"I will make rivers flow on barren heights, and springs within the valleys... so that people may see and know, may consider and understand, that the hand of the LORD has done this."

Isaiah 41:18

DID YOU KNOW.....

Barren Heights' mission is simply to **Love and Encourage Families**. We do this primarily by providing free weekend retreats for families who have children with disabilities. With the addition of the New Barn, we now have year round facilities to host "Specialty Retreats." In 2014 we expanded our offerings to include the following:

- Men's "Wild at Heart" Boot Camp (January)
- "Diamonds for Daughters" Mother-Daughter Retreat (Trial - March)
- "Love and Respect" Marriage Retreat (February / April)

Tim Hill first visited Barren Heights during one of the Family Enrichment Weekends in 2012. This year he had the opportunity to attend the Men's Retreat as well as one of the Marriage Retreats. Tim was so kind to share about his expectations and experiences.



The Hill family enjoying the lake - a nice break from the everyday challenges of raising two children with Autism.

It is hard for me to describe all the good feelings and growth that I've experienced this year at the Men's and Marriage Retreats. The materials provided at each retreat were entertaining, practical and empowering. With that being said, I can honestly tell you that the hosts were even more impressive than the materials that they lead us through. There is never any pressure to participate, but everyone wants to participate. You may go in thinking about things that you wish you could make go away. Within the first couple of hours though, a passion starts to burn through whatever fog may have been festering within you.
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I was excited those weeks that preceded the Men's Retreat. Once I got there, the fellowship and the mission seemed to feed off of each other. That was what I enjoyed the most. It was the process and the function complimenting each other throughout. Being a part of that experience empowered me spiritually, and I haven't looked back. As for the Marriage Retreat, I guess "determined" would be the best word to describe my emotions leading up to it. With all the things my wife and I went through that week, I felt like we were destined to be there. As long as we both were physically healthy, I was determined to get to Barren Heights. Even if I had to strap my wife on my back and push up and down the road on a skateboard, we were going! Much like the Men's Retreat, the process and the purpose of the Marriage Retreat seemed to go hand in hand. My wife and I were blessed to be a part of it, and I would strongly recommend this to any married couple.

-Tim Hill



YOUTH VOLUNTEERS (age 10+) interested in participating in the
2014 BARREN HEIGHTS Auction Collection Competition (JUNE 17)

Contact Natalie at npb97@att.net to register.

We also need parent drivers. Younger children are welcome with parent participation.



**THANK YOU SO MUCH TO THE
WONDERFUL VOLUNTEERS
WHO HELPED WITH OUR
SPRING WORK DAYS**

SAVE THE DATE

Saturday November 8th Barren Heights Benefit Dinner & Silent Auction Louisville, Kentucky

We are currently seeking team members to
join the planning committee.

If you are interested in assisting with this year's event,
please contact Toni Rose (502) 327-9495 by June 1.

We will be meeting soon to begin preparations.

No experience necessary! There are lots of ways to get involved.

Donation Collecting
Data Entry
Registration
Hospitality
Accounting
Social Media

Errand Running / Driving
Decorating
Stuffing / Collating
Graphics Design
Audio Video
Entertainment

WITH GRATITUDE

We want to express our sincere gratitude
to Kendra Dukes who will be rolling off
the Barren Heights Board in June.

Kendra has promised to remain a part of
the Barren Heights Family which is
wonderful news as she has played a
HUGE role in making the Barren Heights
Benefit Dinner such a special night.

Kendra has served on the Board since
2007. She has offered her giftedness by
faithfully serving at Weekend Retreats,
Work Days, and the Family Fun Run. She
also served on the Building Committee
and has assisted with Outreach Events.

Thank You Kendra!



**Beautiful Smile, Beautiful Heart,
Beautiful Barren Heights Blessing**

WISH LIST

Silent Auction Contributions

Copy Paper

6 Large Umbrellas

Bottled Water (17 oz or less)

6 Bibles (NIV, NLT, NKJV)

Board Games (age 8-14)

Sheet Sets (White Queen/Twin)

Standing Cooler (Amazon.com TRINITY THL-0802)

Pack and Play (2 – New or Gently Used)

Bales of Straw (square)

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Barren Heights Retreat is a non-denominational 501c3 public charity. This Christian charity is operated *solely by volunteers*. The campus, located in Allen County, Kentucky near Barren River Lake was completed in 2005 for the primary purpose of hosting mini-vacation style retreats for families who have one or more children with a physical or developmental disability. The **family enrichment retreats** run Friday evening through Sunday afternoon, and they are free.